

June 2020

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1	2 6:30pm Balance	3	4	5 1:00pm Spirit	6 9:00am Balance 1:00pm Mind
7	8	9 6:30pm Spirit	10	11	12	13 9:00am Balance 1:00pm Balance
14	15	16 6:30pm Balance	17	18	19 6:30pm Body	20 9:00am Balance 1:00pm Spirit
21	22	23 6:30pm Balance	24	25	26	27 9:00am Body 1:00pm Balance
28	29	30 6:30pm Mind				